

An environmental health issue that may warrant a referral for families is exposure to mercury in children. More than 12 million people around the world die every year because they live or work in unhealthy environments. Environmental pollutants can cause health problems like respiratory diseases, heart disease, and some types of cancer. Tracking environmental pollutants is key to figuring out where and how people are exposed (Office of Disease Prevention and Health Promotion, n.d.). Healthy people 2030 has a list of objectives being tracked on their website regarding exposure to pollutants. Collaboration and teamwork are the foundation for environmental health and teaching as well as making referrals for families. Collaboration and teamwork pave the way for effective communication, enhances learning, engagement, and allocation of resources.

References:

Office of Disease Prevention and Health Promotion. (N.d.). *Environmental Health*. Environmental Health-Healthy People 2030.

<https://odphp.health.gov/healthypeople/objectives-and-data/browse-objectives/environmental-health>