

My Personal Philosophy of Nursing

My nursing philosophy is to utilize evidence based knowledge, while using my professional judgment to assess, plan, and implement high quality, compassionate nursing care. To quote nursing theorist Jean Watson, "Caring is the essence of nursing" (New Health Advisor, 2024). Although knowledge is a key component in nursing, compassion is equally as important. Nursing can be both physically and mentally demanding, it is not for the faint of heart. Not everyone is suited to be a nurse, however I believe it is my true calling.

By developing a personal nursing philosophy, it helps to set standards for nursing practices including interaction with patients and colleagues. Poverty, environmental threats, inadequate access to health care, and educational inequalities are known health care disparities (Centers for Disease Control, 2023). Adhering to the four main principles of the nursing code of ethics -autonomy, beneficence, justice, and nonmaleficence is crucial. "The character of a nurse is as important as the knowledge she possesses" quoted from Carolyn Jarvis (New Health Advisor, 2024). Personal philosophy can help you in capturing your goals and beliefs and actualizing them in your day to day work life.

Completing the BSN program will prepare me for future leadership, management, or administrative roles. The program teaches critical thinking and problem solving, which develops skills to address complex health care situations. Some advantages of having a BSN degree is it sets a shorter path to additional education, higher pay in some hospitals, and allows access to specific jobs that prefer BSN prepared nurses (Lambrych, 2024). Examples of jobs that require a BSN include: nurse recruiter, nurse educator, health policy nurse.

Obtaining a BSN degree will allow me to abide by my nursing philosophy which is to utilize evidence based knowledge, while using my professional judgment to assess, plan, and implement high quality, compassionate nursing care. My philosophy of nursing will be positively impacted by the BSN degree. The BSN degree will provide the opportunity for new experiences and roles in nursing that will build upon my nursing philosophy.

In conclusion, my nursing philosophy is to utilize evidence based knowledge, while using my professional judgment to assess, plan, and implement high quality, compassionate nursing care. By developing a personal nursing philosophy, it helps to set standards for nursing practices including interaction with patients and colleagues. Completing the BSN program will prepare me for future leadership, management, or administrative roles and will allow me to abide by my nursing philosophy and build upon it.

As a hospice nurse, I provide comfort care to patients who are at the end stage of life. I provide emotional and psychosocial support to patients and their families. It is my personal philosophy to treat my patients with kindness, compassion, and dignity. Caring for a hospice patient is unique in the respect that you know there is no healing or recovery for them. Nursing school cannot teach you how to be empathetic or compassionate. Those attributes are acquired through character development.

References

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- Lambrych, M. (2024, March 22). *Top advantages of a BSN degree*. NurseJournal.org. <https://nursejournal.org/degrees/bsn/top-advantages-of-a-bsn-degree/>
- New Health Advisor. (2024, October). *No idea with philosophy of Nursing? here're some examples*. <https://www.newhealthadvisor.org/Nursing-Philosophy-Examples.html>